



PILGRIM LUTHERAN CHURCH

44 CHAPEL ROAD – KENMORE, NY 14217

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www.pilgrimkenmorecms.org

A Congregation in Mission, Community and Service

PILGRIM'S PROGRESS

SEPTEMBER 2025

PASTOR: Rev. David Walsh

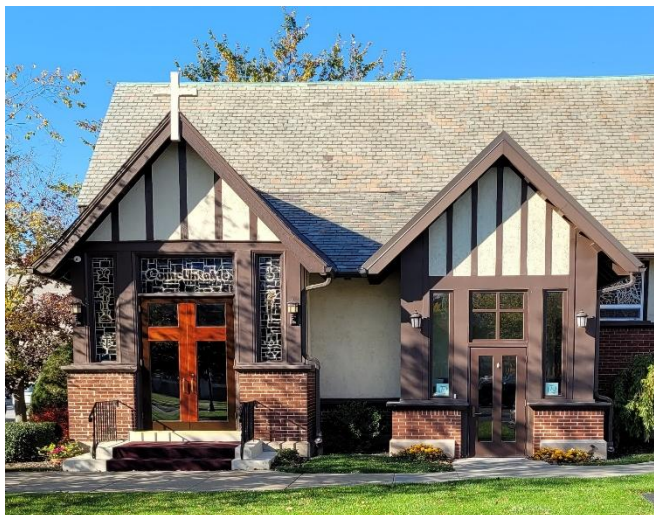
SUNDAY SCHOOL: 9:00 AM

EDITOR: Mary Werth

TUESDAY BIBLE STUDY: 6:00 PM

ASSOC. EDITOR:

WORSHIP: 10:00 AM





Last month I started a series looking at the Liturgy (God's service to His people), particularly the Divine Service setting Three. Last month we began with confession and absolution, this month we are covering the Service of the Word from the Introit up through the Gloria in Excelsis.

Now that God our Father has forgiven us our sins, we now turn to the Lord's Word. The Introit (Latin for entrance) is part of the opening of the liturgical celebration of the Eucharist (εὐχαριστήσας giving thanks), or The Lord's Supper, while the pastor approaches the altar in the Service of the Word. In its most complete version, it consists of an antiphon(a psalm verse spoken or chanted by the Pastor/liturgist), psalm verse (spoken or chanted by all), Gloria Patri (spoken or chanted by all) which is found on page 186, and the same antiphon (spoken or chanted by the Pastor/liturgist) at the beginning of the celebration. The Introit, while typically a Psalm verse, can also be any verse of Scripture and changes depending on the time of the church year.

However, if you look at page 186, you will see that you could do an Introit, Psalm, or an Entrance Hymn. Here at Pilgrim, I have decided to go with the Psalm option, utilizing the Psalm of the day. Most churches recite the Psalm of the day in between the Old Testament and Epistle reading. The reason for this, I felt it would be easier for the congregation to learn how to chant the Psalm with its 3-12 verses over chanting a single verse in the Introit. I also felt it best for me to chant by myself the odd number verses for a while so that you could hear what chanting a Psalm would sound like.

The other option for the start of the Service of the Word, is an entrance Hymn, some congregations, and if you ever watch the Divine Service at the Fort Wayne seminary on Wednesdays at 10 am "ctsfw.edu/daily-chapel" you will see an example of this. They do the confession and absolution from the back of the chapel and then process in while singing the entrance hymn.

The next part of the Service is Kyrie (Greek for Lord), which if you notice within a service, whether Divine Service or a Daily office, you will see these parts of service in either Greek or Latin, these are the first Word in that part of the service in Greek or Latin. In this case Kyrie is the first word "Κύριε ἐλέησον" Lord have mercy. This is a call to the Lord our God, the Father, and to Christ to have mercy upon us. For we are not worthy to be in His presence in the Heavenly realm, that is the Church, during the church service.

The Last part of the Service we will look at is the Gloria In Excelsis, which is Latin for "Glory be on high" with the Latin Word Deo (meaning God) being the next Word. The phrase is a hymn of praise to the Trinity. This line comes out of the opening words of the hymn sung by the Angels in Luke 2 of Christ's birth narrative. In this hymn of praise, we join the Angels in singing praise to the Triune God, namely the Son our Lord Christ who takes away the sin of the whole world. But praise is due the Father who forgives because of Christ and the Spirit who points us to Christ. Lastly the Gloria is omitted during Advent and Lent, because in these somber seasons we are preparing ourselves for the gift of Christ. We do this by stripping away more joyous music to reflect on our sinful condition and our need for the gift of Christ.

Christ blessings

Rev. David J. Walsh



SUNDAY SERVER SCHEDULE SEPTEMBER 2025

(SUBJECT TO CHANGE)

WEEKEND OF	Sep. 6,7	Sep. 13,14	Sep. 20,21	Sep. 27,28	
READER (Sun)	Donna Vogel	Rich Loster	Carolyn Alessi	Sue Holway	
USHERS	Jim Hartz/ Melody Keef	Mike and Dianne Wuerch	Ed Walsh/ Melody Keef	Jim Hartz/ Tim McGuan	
COMMUNION ASSISTANT	Mike Wuerch	Ed Walsh	Eric Fellner	Mike Wuerch	

(If you cannot serve on the day scheduled, please notify Tim McGuan (716) 418-5484, Ed Walsh (585) 747-1503 or Dan Griebel (716) 259-9704. ALSO, PLEASE CALL AMBER SO SHE CAN CORRECTLY PUT THE CHANGE IN THE BULLETIN. Thank you.)



COUNTERS

(IF YOU ARE UNABLE TO COUNT THE DATE YOU ARE ASSIGNED, PLEASE LET JIM HARTZ KNOW.)

Sep. 7	Sep. 14	Sep. 21	Sep. 28	
Jim Hartz	Sue Holway	Dianne Wuerch	Carolyn Alessi	
Ruth Whitmer	Janice Vogel	Donna Vogel	Kathy Farkas	



Aubrey Trimmer

Sept. 4

Nancy Loster

Sept. 7

Lee Fellner

Sept. 13

Cheryl Miller

Sept. 16



RESUMANIA

"I perform my job with effortless efficiency, effectiveness, efficacy, and expertise."
(And an eye on the "e" section of the dictionary, evidently.)

"Insufficient writing skills...thought processes have slowed down some. If I am not one of the best, I will look for another opportunity."
(No problem...)

"My compensation should be at least equal to my age."
(And bonuses "tied to" his shoe size?)

"I am very detail-oreinted."
(With the possible exception of spelling.)

"I can play well with others."
(We'll be sure to tell your mommy.)



ESTHER CIRCLE

Our meeting will be on Monday, September 8th at 12:30 pm at church. We will start the business meeting by 12:35 pm. Final plans need to be made for the Memorial Service luncheon for Carroll Rust on Saturday, October 4th. Due to a guest speaker coming, the last review on chapters 9 - 12 from the book "The Lion, The Witch & The Wardrobe" will be postponed to our October meeting. A friend of Pastor Walsh, Ben Goehring, a missionary for LCMS, who will be going abroad the end of this year, will be speaking to us at around 1 to 1:15 pm. We would like to invite other members and friends of Pilgrim to come to hear his presentation. There will be a signup sheet posted on the board. Please sign if you will be interested in coming. Thank you!

The Bake Sale last month was a success! We made \$465. We appreciate all who donated baked goods, helped setting up, working the sale and cleaning up. Thank you for your support.

REMINDER: Dash's receipts to Sue Holway; cancelled stamps to Sharon McGuan and mites (loose change) to Karen Smith. Thank you for supporting these mission projects.

Fall begins in September - a time of harvest, brilliant colors of changing leaves, cooler, hopefully sunny weather and a return back to school. In this change of season take time to have quiet peaceful moments with God.

A Blessed Fall to everyone 🍁 🙏

Carol Obot



Catechesis page: We encourage you to put this on your fridge and learn God's Word and things that help us better understand it together.

September 2025

Did you know? This month we celebrate Michaelmas also known as St. Michael and All Angels. The archangel Michael is talked about in the books of Daniel, Jude, and Revelation. Michael and the other angels are there to help the saints of God.

Bible verse of the month: "teaching them to observe all that I have commanded you. And behold, I am with you always, to the end of the age."-Matthew 28:20 ESV

Catechism: The Ninth commandment and it's explanation:

What is the Ninth Commandment: You shall not covet your neighbor's house.

What does this mean? We should fear and love God so that we do not scheme to get our neighbor's inheritance or house, or get it in a way which only appears right, but help and be of service to him in keeping it.

Liturgical seasons and colors (look on the altar and pastor) for September: Weeks after Pentecost-green

Christian symbol of the month: The sword and scales of justice put together is one of the symbols for St. Michael. The archangel helps God's people by leading God's army of angels against Satan and his minions. Thus the sword In fighting against Satan, he is fighting for justice. Thus the scales.



Hymn of the month: (definitely check out the other verses in the hymnal, for the sake of space we have v. 1 only here) -Stars of the Morning, So Gloriously Bright LSB#520

Stars of the morning, so gloriously bright,
Angels in heaven, resplendent in light,
These, where darkness the glory can dim,
Praise the Thrice Holy One, serving but Him.

Church festivals, observances, Saint Days in September:

1st-Joshua 2nd-Hannah 3rd-Gregory the Great (Pastor) 4th-Moses 5th-Zacharias and Elizabeth

14th-Holy Cross Day 16th-Cyprian of Carthage (Pastor and Martyr) 21st-St. Matthew (Apostle and Evangelist)

22nd-Jonah 29th-St. Michael and All Angels 30th-Jerome (Translator of Holy Scripture)



Figure 1 This type of daisy blooms around Michaelmas and is called a "Michaelmas daisy"



This month we continue our journey through the Psalms.

Sept. 1 – Ps. 119:153-160	Sept. 9 – Psalm 125	Sept. 17 – Psalm 133	Sept. 25 – Ps. 139:17-24
Sept. 2 – Ps. 119:161-168	Sept. 10 – Psalm 126	Sept. 18 – Psalm 134	Sept. 26 – Psalm 140
Sept. 3 – Ps. 119:169-176	Sept. 11 – Psalm 127	Sept. 19 – Psalm 135	Sept. 27 – Psalm 141
Sept. 4 – Psalm 120	Sept. 12 – Psalm 128	Sept. 20 – Ps. 136:1-16	Sept. 28 – Psalm 142
Sept. 5 – Psalm 121	Sept. 13 – Psalm 129	Sept. 21 – Ps. 136:17-26	Sept. 29 – Psalm 143
Sept. 6 – Psalm 122	Sept. 14 – Psalm 130	Sept. 22 – Psalm 137	Sept. 30 – Psalm 144
Sept. 7 – Psalm 123	Sept. 15 – Psalm 131	Sept. 23 – Psalm 138	
Sept. 8 – Psalm 124	Sept. 16 – Psalm 132	Sept. 24 – Ps. 139:1-16	



Basic ingredients



In a lecture based on his book *Twelve Keys to an Effective Church*, Ken Kallahan summarized a section dealing with the warmth and winsomeness of the worship service and the congregation by saying that the basic ingredients needed to achieve this are:

1. One “new-person” greeter.
2. One (or more) usher(s) who usher relationally.
3. Two people in the choir who accidentally smile.
4. One preacher who appears to be human.



CHOIR PRACTICE WILL BEGIN AGAIN AT 6:30 PM ON WEDNESDAY, SEPTEMBER 12TH.

Need another reason to join the choir? Consider this: Neuroscientists in Sweden discovered that singers' heartbeats tend to synchronize, which leads to a sense of emotional calm and bonding.

“Joint action leads to joint perspectives,” write the researchers. “In other words, singers may change their egocentric perspective of the world to a ‘we-perspective,’ which causes them to perceive the world from the same point of view.”

So start singing — and enjoy the many benefits and blessings of being part of a choir!

Door-opener

When the book of Acts (see 16:25-26) reports that Paul and Silas sang in the Philippian jail at midnight, it doesn't record whether they were basses or tenors. It doesn't even report if they sang on key. It simply says they sang. And as they sang, there was an earthquake and the prison doors were opened.

Many of life's doors open more easily when we sing. So why not open some doors by joining the choir?



The **2025-2026 Sunday School** year will begin at Pilgrim on September 14th at 9:00am. This Fall we will be studying three lessons from the **Growing in Christ Old Testament Series 4**. This series of lessons explores the theme "**God Works Through Prophets and Kings**". The lesson for September 14th will be **Hezekiah Prays** from 2 Kings 18-19. We will also focus on the **Lord's Prayer** with the students. Students are welcome to come with some prayer requests. We hope to see you at Sunday school to study God's Word and learn more about the power of prayer.



The labor to which we're called

In words attributed to Mother Teresa, "Many people mistake our work for our vocation. Our vocation is the love of Jesus." As we celebrate Labor Day, what does such a distinction mean?

Vocation comes from Latin for "calling." Christians understand vocation as that for which God created you, involving activities you do well, enjoy and feel good about doing, and that serve others. If you're blessed to earn a paycheck doing something that fits those categories, then your profession or occupation — your work —likely is your vocation.

Other people work a paying job because an opportunity presents itself and the income is needed, even if it isn't their favorite thing to do. Perhaps they live out their truest vocation during non-employment hours: singing with a choir, raising children, building houses with Habitat for Humanity.

Christians in any capacity, paid or not, can live out Jesus' calling to love God and neighbor with our whole being (Luke 10:27). When God is "CEO" of our lives, it shows in how we treat our fellow laborers.

Here's to a Job Well Done

Ruth Schuyler

By JOYCE MORRIS
NEWS Staff Writer

When Mrs. Robert Schuyler began organizing parents with retarded children in the late 1940s, she didn't expect to serve as the president of the organization, Parents' Council for Retarded Children, Inc., for 25 consecutive years.

Her hope was to organize other parents to try to get the public systems to help with the training of retarded children. But instead, she formed the council in 1951 which opened its own school in Pilgrim Lutheran Church, Town of Tonawanda, in 1952.

The school has moved to 2299 Elmwood Ave., Kenmore. Mr. and Mrs. Schuyler, who have lived at 298 Crosby Ave., Kenmore, for 40 years, were not only trying to find help in training their son, George, but other retarded children in the area.

Presently there are approximately 50 families associated with the school and the enrollment averages from 30 to 35 a year.

It is a far cry from the three families Mrs. Schuyler spent three years trying to find.

"People were more reticent to admit the problem of retarded children then. The longest and most difficult part was trying to find other parents. Finally a local physician told a few parents about what I was trying to do. They were more likely to listen to the family doctor than someone calling on the phone. Of the six or eight families he contacted, three called.

"At first we wasted time trying to get other people to set up the school. We were parents, not administrators or teachers, but we had no luck and decided to do it ourselves. Pilgrim Lutheran Church offered a room in the church for our use. By then we had 11 families involved and eight youngsters for the first class which started in September of 1952.

"These children were severely retarded and unable to attend public school."

The council was incorporated in 1953. As time passed the school and its needs grew, but laws were changed that helped the school.

In 1955, laws were changed to permit the school district to transport the children which helped the school with the growing problems of transportation.

In 1960, laws were changed to allow them to use classrooms in public schools. It was this year the summer program began at Betsy Ross School and nearby Kenmore pool.

In 1961, public schools started classes for trainable retarded children which eased the load on the school to enable them to devote more time to those children more severely afflicted.

"This was what the school was started for and the way it has continued. It is not the most popular cause, as there is not as much hope for these youngsters as for the more trainable ones," Mrs. Schuyler explained.

"It was a tremendous problem and as no one else would do it, we did. We had to find what was needed the most and provide it. We hoped in the beginning, after we got the class started, the public school would take it over. But it didn't happen that way.

"As the children grew up, the school became a



An all-consuming task for 25 years

... More than 600 children aided at school training school for adults of which there are about 20 in the school presently," Mrs. Schuyler said.

They counted last year and found that more than 600 children had been helped by the school.

Mrs. Schuyler cited the community as being a great help. She recalled that women of the church first became interested in the work they were doing and they formed a group of women in the community into the Parents' Council Guild for Retarded Children. The guild raises funds which help the adults at the school.

"The need for younger children is not as great as it used to be. The public schools are helping more and the reduced birth rate has brought about a smaller incidence of retarded children.

"But there is still a great deal to be done. For the adults in the school, we haven't solved anything. We have provided for them in the past and today, but what about the future? Some already are left with only one parent. No matter how old they are, these children are still children and must have constant care.

"There is no assurance the care we've given them will continue. When West Seneca Developmental Center was first built, we felt safer, but the state has changed its policy. It has de-emphasized institutional care and now prefers foster homes. Those families who have kept their children at home now find difficulty in placing the children when they become adults and the family can no longer give them the care they need.

"We hope these problems will be straightened out soon," she said.

Mrs. Schuyler was on the original Board of Visitors for West Seneca, the oversight committee appointed by the governor. She served a seven-year term and an additional year when no one was appointed to replace her.

"Other than that, I have not been involved in and other organizations. Every living, breathing hour of many of us is in the school.

"It is an all-consuming thing."



Cyber Corner for September

In the past articles I have told you about different scams and how to detect and avoid them. Here I would like to start by explaining some of the tools that you can use to help protect yourselves further; and a little on how they work. Now, before I do this, how far you go with this is dependent on your needs. This depends on what you are protecting and how important it is to you. For example, if you got hit with a Ransomware attack and they were preventing you from getting to your data, threatening to erase the data on your PC, or exposing your files on the internet. Is it worth taking these measures to prevent it? Or if they were to get to your bank account and take what money you had in there. I am not being funny here, but this has different meaning and matters in varying levels to different people. Some of what I will present here is a bit of work, and maybe a little cost, but like I said it is up to you how important it is to you and how far you go. But just to give you an idea where one can go, I know people that set up special servers and networks in their homes with special advance security routers. I have read about people that have special phones that do not have sim cards so they cannot be hijacked or traced. Anyway, I just want to equip you here with some basics and the rest is up to you.

First, I want to explain to you how your devices passwords are secured. Your PC or Mac computers use a mathematical algorithm that creates a hash of the password you create. A hash is a long series of letters and numbers. Here when you create a password it gets transposed into this hash, and the great thing about this is that it cannot be reversed to get to your password, because the password is not in there. What happens is that when you enter your password it creates a hash, and it compares it to the current stored hash and if they match you're allowed in. This is different than encryption that if they find the encryption model that was used, it can be reversed to get the information that was stored in it; therefore, hashing is much stronger. However, there is software that hackers use, such as Hashcat or John the Ripper to find your hash; so again, nothing is hack proof, but it is still the strongest level of security for passwords. In one of the techniques used, by the software is a dictionary look up. Here they get list of passwords used, from the many company breaches, and software runs through the list to see if any of the hashes match, which even with a very big list can be done usually in under a minute or two. So, what you can do to protect yourself here, is first use a strong password that is one with numbers and letters and special characters (like %, *, or #) and upper and lower characters; like this **IW!Q#me2JBeB5Zqs#m2qv**. It should be nothing that connects to you like your name or birthdate or anything that someone may figure out knowing you. I know this is a pain to remember and to enter, but it makes it really hard for software to crack. To help with this I recommend a good password manager. It will even generate passwords like the one I show above for you, will let you know when to change it, and will even enter it in for you when you are logging in somewhere. I like NordPass for this, it does cost a bit, but it is one of the best.

There are free apps, but you get what you pay for. Second, change your passwords often: at least once a month. This way if your passwords end up on some list, hopefully you will have changed it before hackers get to use it. Third, do not use the same password for any two logins. Fourth, set up either 2 factor or MAF (multi factor authentication) on your accounts. Here, after you enter your password, it will want to send you a number to your phone to verify it is you. And notice I say multi, because some will allow you to have more than one verification method to verify it is you, like a face scan or a fingerprint. Some accounts will allow an authentication app (Google, and Microsoft has one) to be used, and that is even better because it sends a random different number to your app every few minutes.

Passkeys: I also need to talk about passkeys. This is a relatively new form of security that does not use passwords and is considered the most secure to use; but again, not hack proof. Gmail and Amazon for example, will allow you to set up passkeys within their security section of their settings. With these you do not have to use a username/email address or password to log in. To explain how this work gets technical fast, but basically, they put what they call a private key on your device, and they have a public key and when the two are put together a passkey is created; and you are allowed in. This technique is considered the best because it cannot be shared or guessed. These are unique to a web site so they cannot be used in a redirected look alike site, as with a Man in the middle attack. However, like everything they have found ways around this, so again using this with another form of verification is always good.

If you need even more security, there are USB Security Keys (for a stronger form of 2 factor authentication). These are USB devices you can get on Amazon or other places. Here you log into your account and then set up that on the web site that you want this to be used as additional form of authentication. The nice thing about this is that unless you have this no one can get into the site. It is again nothing that can be copied; unless they get this from you. There are also ones that you can just hold near the device, and you do not have to put it in a USB port.



Finally, whenever possible, in addition to all that I mentioned here, you should use biometrics on your devices like your home computer, tablet or phone. This is basically where you use your face or fingerprint to log on to your device. If, for example, you lose your phone only you will be able to get into it. If they steal your PC again, they will not be able to get in.





On December 18, 2001, Congress approved a joint resolution designating September 11 of each year as “Patriot Day.” It’s a day to remember the more than 3,000 innocent lives lost on that September morning in 2001.

The resolution requests that each year the President issue a proclamation calling on the American people and state and local governments to observe the day with appropriate programs and activities. Those activities include remembrance services, candlelight vigils, moments of silence, and flying the American flag at half-staff.

In his 2003 proclamation President Bush said, “On that day, and in its aftermath, we saw the greatness of America in the bravery of victims; in the heroism of first responders who laid down their lives to save others; in the compassion of people who stepped forward to help those they had never met; and in the generosity of millions of Americans who enriched our country with acts of service and kindness.”

Keep them all in your prayers this Patriot Day.

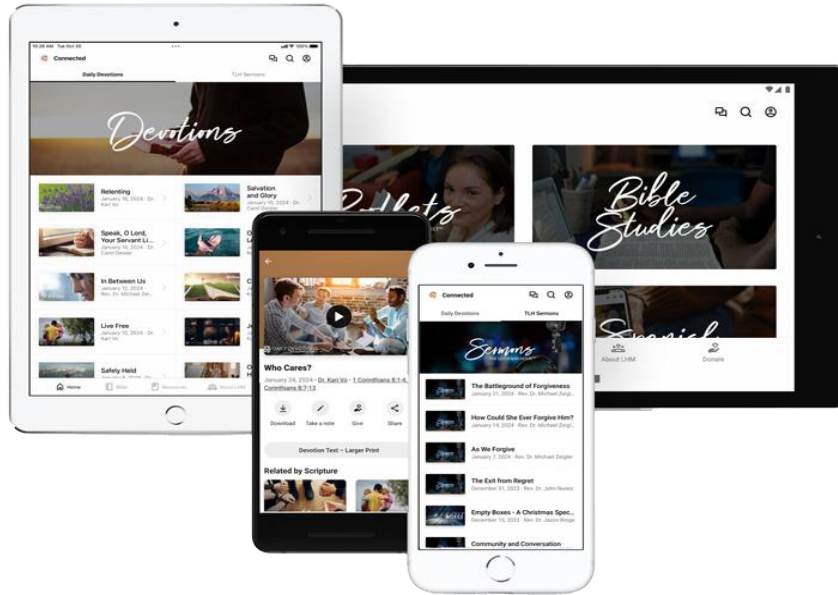


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As you're getting used to the updates, we've put together some [FAQs to help you navigate](#) the new layout.



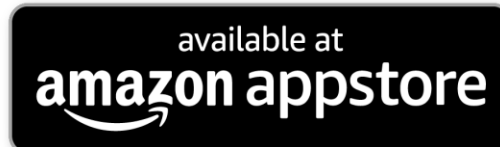
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You can now access all the resources from **Cristo Para Todas Las Naciones** created to support you on your path of life. With this free app you will have access to:

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Share all the resources available in the **CPTLN APP** with your friends and family using the apps you already have on your phone or tablet!

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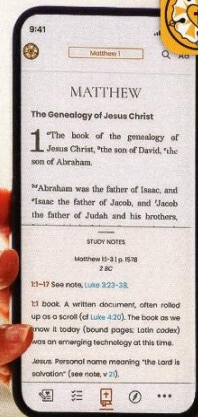


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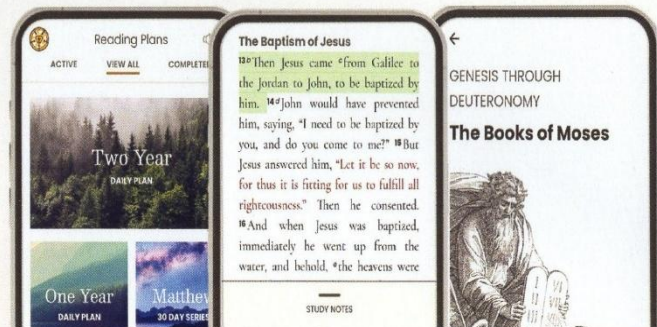
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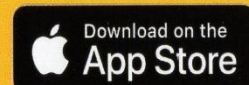
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Sweet little sheep treats

Create adorable sheep using graham crackers, marshmallows, and a little imagination!

What you need:

- Graham cracker squares
- White frosting or marshmallow fluff
- Mini marshmallows
- Large marshmallows
- Candy eyes or mini chocolate chips
- Black gel icing or mini Oreo cookie

What you do:

1. Spread white frosting or marshmallow fluff on each graham cracker square.
2. Stick mini marshmallows all over to make the sheep's wool.
3. Cut a large marshmallow in half and stick it near the top for the head.
4. Add candy eyes and a dot of black gel for the nose. Or use a mini Oreo cookie half for a more defined face.
5. Let kids decorate their sheep however they'd like!

Lesson tie-in
Use this treat to remind kids that Jesus is our Good Shepherd.

I am the good shepherd: the good shepherd giveth his life for the sheep.

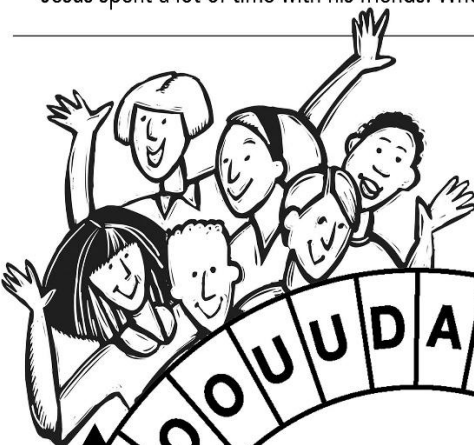
John 10:11, KJV



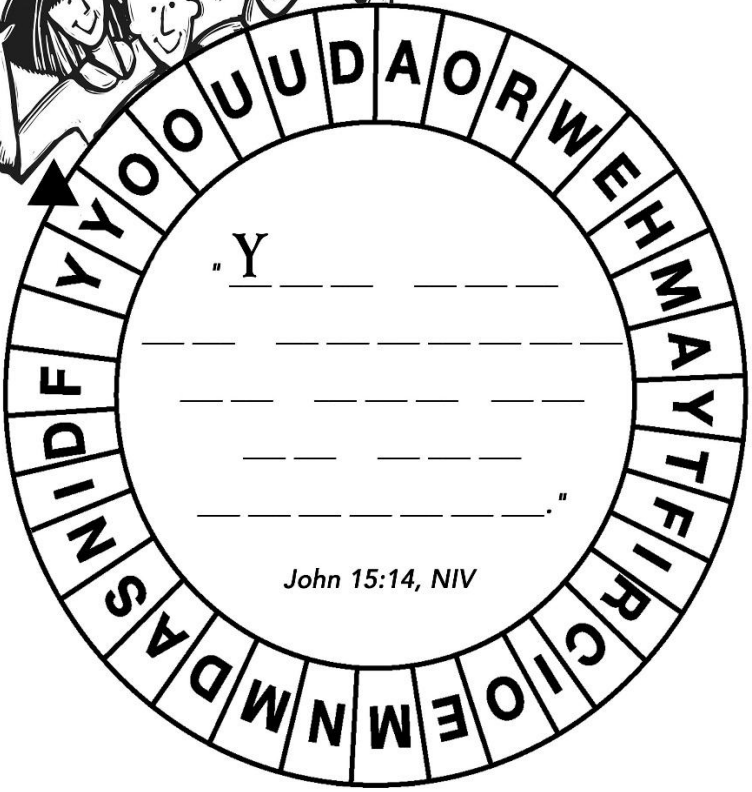
PUZZLE

WHO WERE JESUS' FRIENDS?

Jesus spent a lot of time with his friends. Whom did Jesus consider his friends?



Beginning at the arrow and moving clockwise, write every other letter on the spaces below.



Y _ _ _ _ _

John 15:14, NIV

Answer: "You are my friends if you do what I command." John 15:14, NIV

THE DEADLINE FOR SUBMISSIONS FOR THE OCTOBER NEWSLETTER IS SEPTEMBER 22ND.